



BAKERY MENU

BGC | ROCKWELL | SALCEDO

EAT CONSCIOUSLY. LIVE CONSCIOUSLY.



ABOUT THE WHOLESOME BAKERY

The Wholesome Bakery aims to show that good-tasting food can also be good for the body. Featuring a full line of artisanal and delectable gluten-free baked goods and pastries — some of which are nut-free, refined sugar-free, and vegan — all our products use free-range eggs, real butter, wild honey, raw sugar, and homemade gluten-free flour blend that even children will love!

*The Wholesome Bakery can be found in all branches of
The Wholesome Table.*

All our Wholesome Bakery items are 100% gluten-free;
lovingly made with grass-fed butter, wild honey, raw sugar, free-range eggs, and homemade gluten-free flour blend.



BARS



FUDGE BROWNIE..... PHP 80
Gluten-free Flour. Dark Sweet Chocolate. Semi-sweet
Chocolate. Cocoa Powder. Butter. Eggs. Vanilla. Sea Salt.
Coconut Sugar. **NF GF V**

NUTTY FUDGE BROWNIE..... PHP 90
Gluten-free Flour. Dark Sweet Chocolate. Semi-sweet
Chocolate. Cocoa Powder. Butter. Eggs. Almonds. Vanilla.
Sea Salt. Coconut Sugar. **GF V**

Nandimo Bars..... PHP 120
Callebaut Dark Chocolate. Bensdorp Cocoa Powder. Butter.
Eggs. Desiccated Coconut. Graham Crackers. Cream.
Coconut Sugar. **NF GF V RSF**



COOKIES



VALRHONA DOUBLE CHOCOLATE COOKIES.....
.....solo PHP 70 pack of 6 PHP 330
Gluten-free Flour. Callebaut Dark Chocolate. Callebaut Milk
Chocolate. Valrhona Cocoa Powder. Butter. Eggs. Vanilla.
Sea Salt. Coconut Sugar. **NF GF V**

DOUBLE OATMEAL COOKIES.....
.....solo PHP 70 pack of 6 PHP 330
Eggs. Apricot. Dried Cranberries. Cashews. Nutmeg.
Cinnamon. Rolled Oats. Sea Salt. Coconut Sugar.
GF V RSF

VALRHONA DOUBLE CHOCOLATE & NUT COOKIES.....
.....solo PHP 70 pack of 6 PHP 350
Gluten-free Flour. Callebaut Dark Chocolate. Callebaut Milk
Chocolate. Cacao Nibs. Butter. Eggs. Cashews. Sea Salt.
Coconut Sugar. **GF V RSF**

CALLEBAUT CHOCOLATE CHIP COOKIES.....
.....solo PHP 90 pack of 6 PHP 430
Callebaut Dark Chocolate. Butter. Eggs. Nutmeg. Vanilla.
Cinnamon. Rolled Oats. Sea Salt. Coconut Sugar.
NF GF V RSF

SUPERFOOD COOKIES.....solo PHP 90 pack of 6 PHP 430
Butter. Eggs. Cashews. Nutmeg. Vanilla. Cinnamon.
Rolled Oats. Sea Salt. Coconut Sugar. **GF V RSF**



MUFFINS



DOUBLE CHOCOLATE Muffin..... PHP 80
Gluten-free Flour. Callebaut Dark Chocolate. Bensdorp Cocoa
Powder. Egg. Coconut Oil. **NF GF V**

Pimiento & CHEESE Muffin..... PHP 130
Gluten-free Flour. Milk. Butter. Egg. Vanilla. Emmental.
Roasted Pimiento. Sea Salt. Raw Sugar. **GF V RSF**

BLUEBERRY Muffin..... PHP 140
White Rice Flour. Butter. Eggs. Blueberry. Vanilla. Sea Salt.
Coconut Sugar. **GF V RSF**

CHIA-BERRY Muffin..... PHP 140
Gluten-free Flour. Milk. Butter. Egg. Vanilla. Chia Jam.
Sea Salt. Raw Sugar. **NF GF V**

CHOCOLATE PECAN Muffin..... PHP 140
Gluten-free Flour. Callebaut Dark Chocolate. Bensdorp Cocoa
Powder. Egg. Pecan Nuts. Vanilla. Coconut Oil. Sea Salt.
GF V RSF

SAUSAGE Muffin..... PHP 200
Gluten-free Flour. Milk. Butter. Egg. Vanilla. Homemade
Turkey Sausage. Sea Salt. Raw Sugar. **GF V RSF**

NF (NUT-FREE) GF (GLUTEN-FREE) V (VEGETARIAN) RSF (REFINED SUGAR FREE)

Disclaimer: Products are subject to availability.

Allergy warning: NF indicates dishes that do not contain any nuts. However, our kitchen is not a nut-free zone & cross-contamination may occur.

All our Wholesome Bakery items are 100% gluten-free;
lovingly made with grass-fed butter, wild honey, raw sugar, free-range eggs, and homemade gluten-free flour blend.

⊗ **CUPCAKES** ⊗

LEMON CUPCAKE..... PHP 80
Gluten-free Flour. Milk. Butter. Egg. Homemade Lemon Curd.
Vanilla. Sea Salt. Raw Sugar. Vanilla Buttercream. ♣ **NF GF V**

MATCHA LATTE CUPCAKE..... PHP 90
Gluten-free Flour. Milk. Butter. Egg. Vanilla. Sea Salt.
Raw Sugar. Matcha Buttercream. Homemade Lemon Curd.
♣ **NF GF V**

SMORE'S CUPCAKE..... PHP 90
Gluten-free Flour. Milk. Butter. Egg. Vanilla. Sea Salt. Raw
Sugar. Honey Marshmallow Frosting. ♣ **NF GF V**

CHOCOLATE HAZELNUT CUPCAKE..... PHP 120
Gluten-free Flour. Callebaut Dark Chocolate. Bendsorp Cocoa
Powder. Milk. Egg. Vanilla. Coconut Oil. Sea Salt. Coconut
Sugar. Chocolate Hazelnut Frosting. ♣ **GF V**

BANANA PEANUT BUTTER CUPCAKE..... PHP 90
Gluten-free Flour. Butter. Egg. Banana. Vanilla. Sea Salt.
Coconut Sugar. Chocolate Frosting. ♣ **GF V**

SALTED CHOCOLATE CUPCAKE..... PHP 90
Gluten-free Flour. Callebaut Dark Chocolate. Bendsorp Cocoa
Powder. Milk. Egg. Vanilla. Coconut Oil. Sea Salt. Coconut
Sugar. Chocolate Frosting. ♣ **NF GF V**

STRAWBERRY SHORTCAKE CUPCAKE..... PHP 90
Gluten-free Flour. Milk. Butter. Egg. Chia Jam. Vanilla.
Sea Salt. Raw Sugar. Strawberry Buttercream. ♣ **NF GF V**

⊗ **CAKES** ⊗

BANANA CAKE..... slice PHP 70 loaf PHP 590
Gluten-free Flour. Butter. Eggs. Vanilla. Banana. Sea Salt.
Coconut Sugar. ♣ **NF GF V RSF**

CHOCOLATE WALNUT BANANA CAKE.....
..... slice PHP 85 loaf PHP 770
Gluten-free Flour. Dark Chocolate. Butter. Eggs. Vanilla.
Banana. Walnuts. Sea Salt. Coconut Sugar. ♣ **GF V RSF**

MANGO CHEESECAKE..... slice PHP 190 whole PHP 1530
Butter. Cream. Cream Cheese. Graham. Mangoes. Vanilla.
Honey. ♣ **NF GF V RSF**

DOUBLE CHOCOLATE CHEESECAKE.....
..... slice PHP 190 whole PHP 1600
Callebaut Chocolate. Cream. Cream Cheese. Valrhona Double
Chocolate Cookie Crust. Cacao Nibs. Honey. ♣ **NF GF V RSF**

ALMOND BERRY BANANA CAKE.....
..... slice PHP 85 loaf PHP 770
Gluten-free Flour. Butter. Eggs. Vanilla. Banana. Cranberries.
Almonds. Sea Salt. Coconut Sugar. ♣ **GF V RSF**

BUNDT CAKE..... mini whole PHP 190
Almond Flour. White Rice Flour. Cream. Yogurt. Lemon.
Calamansi. Confectionaire Sugar. ♣ **GF V**

CHOCOLATE CAKE..... slice PHP 190 whole PHP 1550
Rice Flour. Callebaut Dark Chocolate. Milk. Eggs. Vanilla.
Coconut Oil. Chocolate Frosting. Coconut Sugar. ♣ **NF GF V**

NF (NUT-FREE) ⊗ GF (GLUTEN-FREE) ⊗ V (VEGETARIAN) ⊗ RSF (REFINED SUGAR FREE)

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BGC

Monday-Thursday, 11AM-11PM
Friday-Sunday, 8AM-11PM
867 0000 | 0917 568 6645
30th St. cor. 7th Ave., Bonifacio
High Street Central, Taguig

ROCKWELL

Monday-Thursday, 11AM-9PM
Friday-Saturday, 10AM-10PM
Sunday, 10AM-9PM
825 7777 | 0917 826 6747
R2 Level Power Plant Mall,
Rockwell Center, Makati

SALCEDO

Open Daily, 7AM-11PM
848 7777 | 0917 885 7520
GF Infinity Tower
H.V. Dela Costa cor Leviste St,
Salcedo Village, Makati

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