



BEVERAGE MENU

BONIFACIO HIGH STREET CENTRAL

EAT CONSCIOUSLY. LIVE CONSCIOUSLY.

DETOX JUICES

BE ALIVE *Php 250*

HYDRATING, ANTI-INFLAMMATORY

Apple. Kale. Spinach. Celery. Cucumber. Lemon. Ginger.

BE AMAZING *Php 250*

ANTI-INFLAMMATORY, DETOXIFYING

Carrot. Apple. Beet. Parsley. Lemon. Ginger.

BE AWESOME *Php 250*

DETOXIFYING, ALKALIZING

Kale. Spinach. Parsley. Romaine. Celery. Cucumber. Apple. Lemon.

BE CLEAN *Php 250*

DETOXIFYING, PURIFYING

Lemon. Activated Charcoal. Alkaline Water. Raw Honey.

BE PURE *Php 250*

ANTIOXYDANTS, HYDRATING

Carrot. Apple. Celery. Cucumber. Beet. Lemon.

BE REFRESHING *Php 250*

ANTI-INFLAMMATORY, VITAMINS

Carrot. Orange. Apple. Pineapple. Lemon. Turmeric.

BE WONDERFUL *Php 250*

ANTI-INFLAMMATORY, ANTI-VIRAL

Spinach. Carrot. Apple. Celery. Lemon. Ginger.

BE DELIGHTFUL *Php 290*

ANTIOXYDANTS, VITAMIN C

Carrot. Apple. Orange.

SUPERFOOD JUICES

BE BOLD *Php 320*

DETOXIFYING, BLOOD CLEANSING

Spinach. Kale. Celery. Romaine. Cucumber. Parsley. Apple.

Lemon. Chlorella.

BE ENLIGHTENED *Php 320*

IMMUNITY, VITAMIN C

Beet. Carrot. Apple. Ginger. Lemon. Camu Camu.

WATER

VIVA MINERAL WATER

Php 50

**FIJI NATURAL
ARTESAN WATER**

Php 180

EVIAN BOTTLED WATER

Php 140

**SAN PELLEGRINO
SPARKLING WATER**

Php 180

DESSERTS

SAGO AT GULAMAN *Php 170*

Tapioca. Gulaman. Chia Seeds. Brown Syrup. Crushed Ice.

GINUMIS *Php 260*

Tapioca. Gulaman. Pinipig. Crushed Ice. Brown Syrup. Chia
Seeds. Coconut Milk. Coconut Cream.

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SMOOTHIES

Add on: Chia Seeds Php 15 (Single) Php 30 (Double)

BE ADVENTUROUS **Php 320**

Almond Milk. Banana. Spinach. Almond Butter. Chia Seeds.
Vanilla. Cinnamon.

add on: Hemp Protein Powder Php 40

BE BEAUTIFUL (SEASONAL) **Php 380**

Raspberry. Strawberries. Goji Berries. Chia Seeds. Cacao Nibs.
Coconut Milk. Hemp Seeds. Honey.

BE DELICIOUS **Php 380**

Coconut Milk. Almond Butter. Maca Powder. Dates. Vanilla. Sea Salt.

add on: Hemp Protein Powder Php 40

BE DREAMY **Php 380**

Mango. Banana. Chia Seeds. Goji Berries. Coconut Milk. Lemon. Honey.

add on: Hemp Seeds Php 15

BE EMPOWERED **Php 320**

Spinach. Kale. Banana. Chia Seeds. Hemp Protein. Spirulina.
Almond Milk. Honey.

BE FUELED **Php 320**

Banana. Raw Cashews. Dates. Cacao Nibs. Coffee Beans. Vanilla.

add on: Maca Php 50 Hemp Protein Powder Php 40

BE GORGEOUS (SEASONAL) **Php 360**

Blueberry. Chia Seeds. Wheat Grass. Banana. Honey. Yogurt.
Almond Milk. Almond Butter.

BE GRACIOUS **Php 320**

Coconut Milk. Dates. Almond Butter. Vanilla. Sea Salt.

add on: Maca Php 50

BE LUSCIOUS (SEASONAL) **Php 380**

Raspberry. Strawberries. Banana. Bee Pollen. Chia Seeds.
Cashew Milk. Honey.

BE TICKLED PINK (SEASONAL) **Php 320**

Strawberries. Banana. Coconut Meat. Dates. Coconut Milk.
Cacao Nibs. Honey.

BE WORTHY **Php 380**

Banana. Almond Butter. Hemp. Vanilla. Cacao Nibs. Maca.
Sea Salt. Honey. Chia Seeds. Almond Milk.

ICED TEAS AND MILK TEAS

REGULAR ICED TEA **Php 100**

Black Tea. Calamansi. Honey. Mint.

LEMONGRASS ICED TEA **Php 110**

Lemongrass. Honey.

TAMARIND ICED TEA **Php 130**

Tamarind. Calamansi. Honey.

BUKO PANDAN MILK TEA **Php 260**

Pandan Tea. Coconut Milk. Chia Seeds. Spirulina. Honey.

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JUICES AND SHAKES

- LEMONADE**.....*Php 180*
- BUKO JUICE / SHAKE**.....*Php 120*
- MANGO JUICE / SHAKE**.....*juice Php 200 shake Php 220*
- FOUR SEASONS SHAKE**.....*Php 220*
Mango. Banana. Pineapple. Watermelon.
- FRESH ORANGE JUICE**.....*Php 250*

MOJITO

- WHOLESOME MOJITO**.....*Php 120*
Spirulina. Chlorella. Honey. Mint.

SODAS

- STRAWBERRY GOJI SHRUB (SEASONAL)**.....*Php 120*
Strawberries. Calamansi. Goji Berries. Apple Cider. Honey.
Soda Water.
- BLUEBERRY MINT SHRUB**.....*Php 180*
Blueberry. Mint Leaves. Lemon. Apple Cider. Honey. Soda Water.
- LEMON SODA**.....*Php 220*
Lemon Juice Soda Water. Honey.
- PINEAPPLE MINT SODA**.....*Php 220*
Pineapple. Mint. Honey. Soda.

KOMBUCHA

- LEMONADE**.....*Php 200*
Lemon Juice. Kombucha. Raw Honey.
- STRAWBERRY CHIA**.....*Php 200*
Strawberries. Chia Seeds. Kombucha. Raw Honey.
- BLUEBERRY CACAO**.....*Php 280*
Blueberries. Cacao Nibs. Kombucha. Raw Honey.
- MANGO BANANA**.....*Php 280*
Mango. Banana. Chia Seeds. Kombucha. Raw Honey.
- RASPBERRY MACA**.....*Php 280*
Raspberries. Maca. Kombucha. Raw Honey.
- ORANGE GOJI**.....*Php 320*
Orange Juice. Goji Berries. Kombucha. Raw Honey.

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TEA

WHOLESOME TEA.....140ml **Php 120** 200ml **Php140**

ANTI-INFLAMMATORY, ANTI-BACTERIAL

Lemongrass. Pandan Leaves. Basil. Tarragon. Turmeric.
Ginger. Mulberry Tea. Raw Honey.

CLIPPERS **Php 100**

CHAMOMILE

ENGLISH BREAKFAST

CHAI TEA

EARL GREY

HARNEY & SONS.....**Php 140**

JAPANESE SENCHA

ORGANIC PEPPERMINT

TSAA LAYA **Php 130**

LEMON GINGER

ARVENSIS MINT

JAVA BANABA

TANGLAD

PANDAN

INFUSED HONEY LIME MINT **Php 190**

INFUSED HONEY LEMON GINGER..... **Php 210**

COFFEE

add on: Almond Milk Php 30; Fresh Milk Php 30

ESPRESSO	SMALL	BIG
AMERICANO	Php 80	Php 100
AMERICANO WITH HONEY	Php 100	Php 120
CAPPUCCINO	Php 100	Php 120
LATTE (ICED/HOT)	Php 100	Php 120
MOCHA (ICED/HOT)	Php 160	Php 180
MACCHIATO	(4oz) Php 90	
CORTADO	(4oz) Php 80	

SIPHON

add on: Au Lait - with Steamed Milk Php 40 (8oz) Php 60 (10oz)

ARABICA	Php 80	Php 100
BARAKO	Php 80	Php 100
HOUSE ROAST	Php 80	Php 100
HOT CHOCOLATE	Php 140	
CHAI LATTE	Php 100	

Chai Latte Syrup. Star Anise. Cardamom.

GINGERBREAD LATTE	Php 100	
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Gingerbread Latte Syrup. Whole Milk. Cinnamon.

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SUPERFOOD COFFEE AND MILK

HOT

GOLDEN MILK..... *Php 190*

Almond Milk. Turmeric. Cardamom. Cinnamon.
Black Pepper. Lucuma. Raw Honey.

KETO LATTE..... *Php 290*

Brewed House Roast Coffee. Grass-fed Butter.
MCT Oil. Vanilla. Unsweetened Cocoa Powder.

SUPER COCO..... *Php 290*

Coconut Milk. Maca Powder. Cordyceps. Unsweet-
ened Cocoa Powder. Cinnamon. MCT Oil. Raw Honey.

ICE BLENDED

ICED COFFEE MOCHA..... *Php 190*

Espresso. Lucuma. Vanilla. Cinnamon. Sweetened
Cocoa Powder. Fresh Milk. Whipped Cream.
Raw Honey.

SKINNY VANILLA ICED COFFEE..... *Php 190*

Espresso. Vanilla. Almond Milk. Dates. Chia Seeds.
Lucuma.

NUTMILK

ALMOND MILK..... *Php 180*

Raw Activated Almonds. Alkaline Water. Dates. Pink Salt.
Vanilla. Raw Honey.

VEGAN ALMOND MILK..... *Php 180*

Raw Activated Almonds. Alkaline Water. Dates. Pink Salt. Vanilla.

ALMOND LATTE..... *Php 240*

Raw Activated Almonds. Cold Brewed Coffee. Alkaline Water.
Dates. Pink Salt. Vanilla. Raw Honey.

CASHEW MILK..... *Php 180*

Raw Activated Cashews. Alkaline Water. Dates. Pink Salt.
Vanilla. Raw Honey.

VEGAN CASHEW MILK..... *Php 180*

Raw Activated Cashews. Alkaline Water. Dates. Pink Salt. Vanilla.

CASHEW LATTE..... *235ml Php 180 350ml Php 240*

Raw Activated Cashews. Cold Brewed Coffee. Alkaline Water.
Dates. Pink Salt. Vanilla. Raw Honey.

CASHEW CHOCOLATE..... *Php 240*

Raw Activated Cashews. Alkaline Water. Dates. Pink Salt.
Vanilla. Raw Honey. Sweetened Cocoa.

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CRAFT BEERS

DRAFT	330ML
LAGER	<i>Php 180</i>
HARD DAY	<i>Php 240</i>
BOTTLED	330ML
TROPIC HAZE	<i>Php 200</i>
PIVO PRAHA CLASSIC	<i>Php 260</i>
PEDRO SUMMER WHEAT ALE	<i>Php 260</i>
KATIPUNAN ALE	<i>Php 290</i>
CRAFTPOINT SUMMER PASSION	<i>Php 290</i>
JOE'S BREW SOOTHSAYER PALE ALE	<i>Php 340</i>
FISH RIDER PALE ALE	<i>Php 350</i>
SIERRA MADRE WHEAT ALE	<i>Php 350</i>

WINES

RED WINES	GLASS	750ML
TRIO ROJO SYRAH TEMPRANILLO CABERNET GRAN RESERVA 2004	<i>Php 280</i>	<i>Php 1,300</i>
MICHEL TORINO ESTATE CUMA ORGANIC MALBEC 2017	<i>Php 290</i>	<i>Php 1,450</i>
MICHEL TORINO ESTATE CUMA ORGANIC SAUVIGNON 2017	<i>Php 290</i>	<i>Php 1,450</i>
CHATEAU MEAUME BORDEAUX SUPERIEUR CUVÉE LA TUILERIE 2015		<i>Php 1,800</i>
LE CAILLOU COTES DU RHONE		<i>Php 2,700</i>
LOS MEDANOS MALBEC		<i>Php 2,700</i>
KAIMIRA ESTATE SYRAH 2011		<i>Php 2,800</i>
WHITE WINES	GLASS	750ML
CALITERRA SAUVIGNON BLANC	<i>Php 280</i>	<i>Php 1,400</i>
BRIGHTSIDE PINOT GRIS		<i>Php 1,450</i>
BRIGHTSIDE SAUVIGNON BLANC		<i>Php 1,800</i>
BRIGHTSIDE CHARDONNAY 2014		<i>Php 1,800</i>
HACIENDA ARAUCANO SAUVIGNON BLANC		<i>Php 1,800</i>
VILLA MARIA ORGANIC GEWURZTRAMINER		<i>Php 1,900</i>
AMPELIDAE MARIGNY-NEUF SAUVIGNON BLANC		<i>Php 2,500</i>
LOS MEDANOS CHARDONNAY		<i>Php 2,800</i>

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THE

WHOLESOME

TABLE

BGC

Monday-Thursday, 11AM-11PM

Friday-Sunday, 8AM-11PM

867 0000 | 0917 568 6645

30th St. cor. 7th Ave.,

Bonifacio High Street Central, Taguig

ROCKWELL

Monday-Thursday, 11AM-9PM

Friday-Saturday, 10AM-10PM

Sunday, 10AM-9PM

825 7777 | 0917 826 6747

R2 Level Power Plant Mall,

Rockwell Center, Makati

SALCEDO

Open Daily, 7AM-11PM

848 7777 | 0917 885 7520

GF Infinity Tower, H.V. Dela Costa
cor Leviste St, Salcedo Village, Makati

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