



SNACK MENU

BGC | ROCKWELL

2PM-6PM DAILY

EAT CONSCIOUSLY. LIVE CONSCIOUSLY.



The Wholesome Table Snack Menu is available from 2:00pm to 6:00pm daily.

SMALL PLATE

SUSTAINABLE TACOS NEW.....*Php 350*
Crisp-fried Alaskan Pollock Fillet. Cabbage. Pico de Gallo.
Cilantro-Lime Dressing. Lime. Homemade Corn Tortilla.
🌿 **GF NF RSF**

COMFORT BOWLS

CHICKEN MISORAMEN.....*Php 490*
Shirataki Noodles. Japanese Miso. Ground Chicken Breast.
Chicken Stock. Carrots. Beansprouts. Fresh Wakame. Sesame
Seeds. Corn. Spring Onions. Tamari Soy Sauce. Hard Boiled
Free-range Eggs. Cabbage. Spinach. Butter. 🌿 **GF NF RSF**

SEAFOOD LAKSA (DAILY CATCH) 🌿.....*Php 490*
Mussels. Ocean Caught Shrimps. Rice Noodles. Homemade
Shrimp Paste. Homemade Laksa Paste. Coconut Milk. Fresh
Cilantro. Basil. Mint. Beansprouts. Peanuts. Lime.
🌿 **GF DF RSF**

TOASTS

FIG AND RICOTTA TOAST.....*Php 240*
Dried Figs. Organic Mangoes. Grass-fed Ricotta Cheese.
Hibiscus Tea Reduction. Arugula Micro Greens. 🌿 **V**

PUMPKIN SUNFLOWER TOAST.....*Php 270*
Roasted Pumpkin. Toasted Sunflower Seeds. Mozzarella. Emmental.
Gruyère. Onion Jam. Roasted Garlic. Sourdough Toast. 🌿 **V**

EGG AND CHEESE TOAST.....*Php 310*
Sourdough Toast. Gruyère. Emmental. Mozzarella. Sunny
Side-up Free-range Eggs. Basil Oil. Tomatoes. 🌿 **NF**

WILD MUSHROOM TOAST.....*Php 350*
Sourdough Toast. Wild Mushroom. Truffle Oil. Emmental.
Mozzarella. Sunny-Side Up Free-range Eggs. 🌿 **NF**

SANDWICHES & BURGERS

*Please allow 15 minutes for cooking. Our sandwiches are served with Parmesan Fries, except for Ultimate Grilled Cheese.
For a dairy-free or vegan option, you may request for Regular Fries.*

BORACAY BURGER NEW.....*Php 350*
Chori Patty. Japanese Mayonnaise. Tomato Catsup. Pickled
Green Papaya. 🌿 **RSF**
**GF option: served with romaine lettuce instead of potato bun*

MOB BURGER NEW.....*Php 450*
Grass-fed Beef. Italian Sausage. Cheddar Cheese. Nitrate-free
Bacon. Free-range Egg. Tomato Jam. 🌿 **RSF**
**GF option: served with romaine lettuce instead of potato bun*

TURKEY MELT.....*Php 490*
Potato Bun. Turkey Roast. Basil Mayonnaise. Cranberry Glaze.
Emmental. Mozzarella. Parmesan Cheese. Side Fries. 🌿 **NF**
**GF option: serve on lettuce wrap*

ULTIMATE VEGGIE BURGER.....*Php 590*
Mushroom-Quinoa Patty. Vegan Ricotta. Onion Jam.
Field Greens. Tomatoes. 🌿 **V**

FOREST BURGER NEW.....*Php 450*
100% Grass-fed Beef Patty. Truffle Aioli. Red Wine Glaze.
Cheddar Cheese. Tomato Jam. 🌿 **RSF**
**GF option: served with romaine lettuce instead of potato bun*

ULTIMATE GRILLED CHEESE
Emmental. Mozzarella. Dijon Mustard. Onion Jam. Mornay Sauce.
Grilled Sourdough. Tomato Soup or Side Salad. 🌿 **V NF**
Side Salad Php 460
Tomato Soup Php 480

GRASS-FED BEEF BURGER.....*Php 490*
100% Grass-fed Beef Patty. Emmental. Arugula. Tomatoes.
Field Greens. 🌿 **NF *GF option: served with romaine lettuce
instead of potato bun**

PASTA

*Add on: Organic Whole Wheat Pasta Php 50 (solo) Php 100 (regular)
GF option: Gluten-free Pasta Php 90 (solo) Php 180 (regular) or Veggie Noodles Php 90 (solo) Php 180 (regular)

NUTTY GARLIC.....*solo Php 250 regular Php 420*
Spaghetti. Roasted Garlic Pesto. Extra Virgin Olive Oil.
🌿 **V *DF option: no Parmesan cheese and butter**

CLASSIC PESTO.....*solo Php 420 regular Php 800*
Spaghetti. Free-range Chicken. Pesto. Parmesan Cheese.
Sundried Tomatoes.

CLASSIC SPAGHETTI BOLOGNESE.....
.....*solo Php 300 regular Php 590*
Spaghetti. Rich Grass-fed Meat Sauce. Parmesan Cheese. 🌿 **NF**

MACARONI & CHEESE.....*Php 450*
Macaroni. Aged Ricotta. Gruyère. Emmental. Milk. 🌿 **RSF**

EAT CONSCIOUSLY. LIVE CONSCIOUSLY.

PRICES ARE INCLUSIVE OF 12% VAT BUT EXCLUSIVE OF 10% SERVICE CHARGE
V (VEGETARIAN) VGN (VEGAN) GF (GLUTEN-FREE) DF (DAIRY FREE) NF (NUT-FREE) *
🌿 (SPICY) ❤️ (WHOLEHEARTED) !W! (WHOLESOME SELECTIONS)

**Allergy warning: NF indicates dishes that do not contain any nuts. However, our kitchen is not a nut-free zone & cross-contamination may occur.*

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FLAT BREADS

MARGARITA.....solo **Php 250** regular **Php 390**
Organic Pizza Sauce. Fresh Basil. Mozzarella. 🌿 **V NF**

GRAZELAND PIZZA.....solo **Php 350** regular **Php 690**
Organic Pizza Sauce. Grass Fed Beef Strips. Baked Onions.
Roasted Garlic. Mozzarella. Parmigiano-Reggiano.
Pecorino Romano. 🌿 **NF**

RUCOLA PIZZA |W|.....solo **Php 400** regular **Php 790**
Truffle Cream. Pine Nuts. Arugula. Mozzarella. Emmental.
Parmesan Cheese. 🌿 **V**

HARVEST PIZZA |W|.....solo **Php 350** regular **Php 690**
Truffle Cream. Wild Mushrooms. Roasted Squash. Roasted
Garlic. Baked Onions. Cherry Tomatoes. Kale. Pine Nuts. Olive
Oil. Mozzarella. Emmental. Parmesan Cheese. 🌿 **V**

THE BARCELONA.....solo **Php 400** regular **Php 790**
Organic Pizza Sauce. Salami. Shiitake Mushrooms. Roasted
Garlic. Mozzarella. Parmigiano-Reggiano. Pecorino Romano.
🌿 **NF**



BARIS

FUDGE BROWNIE 🌿 **NF GF V**.....**Php 80**

NUTTY FUDGE BROWNIE 🌿 **GF V**.....**Php 90**

NANAIMO BARS 🌿 **NF GF V RSF**.....**Php 120**

COOKIES

DOUBLE OATMEAL COOKIES 🌿 **GF V RSF**.....
.....solo **Php 70** pack of 6 **Php 330**

VALRHONA DOUBLE CHOCOLATE COOKIES
🌿 **NF GF V**.....solo **Php 70** pack of 6 **Php 330**

VALRHONA DOUBLE CHOCOLATE & NUT COOKIES
🌿 **GF V RSF**.....solo **Php 70** pack of 6 **Php 350**

CALLEBAUT CHOCOLATE CHIP COOKIES
🌿 **NF GF V RSF**.....solo **Php 90** pack of 6 **Php 430**

SUPERFOOD COOKIES 🌿 **GF V RSF**.....
.....solo **Php 90** pack of 6 **Php 430**

MUFFINS

DOUBLE CHOCOLATE MUFFIN 🌿 **NF GF V**.....
.....**Php 80**

PIMIENTO & CHEESE MUFFIN 🌿 **GF V RSF**.....
.....**Php 130**

BLUEBERRY MUFFIN 🌿 **GF V RSF**.....**Php 140**

CHIA-BERRY MUFFIN 🌿 **NF GF V**.....**Php 140**

CHOCOLATE PECAN MUFFIN 🌿 **GF V RSF**.....**Php 140**

SAUSAGE MUFFIN 🌿 **GF V RSF**.....**Php 200**

CUPCAKES

LEMON CUPCAKE 🌿 **NF GF V**.....**Php 80**

BANANA PEANUT BUTTER CUPCAKE 🌿 **GF V**.....
.....**Php 90**

MATCHA LATTE CUPCAKE 🌿 **NF GF V**.....**Php 90**

SALTED CHOCOLATE CUPCAKE 🌿 **NF GF V**.....**Php 90**

SMORE'S CUPCAKE 🌿 **NF GF V**.....**Php 90**

STRAWBERRY SHORTCAKE CUPCAKE 🌿 **NF GF V**....
.....**Php 90**

CHOCOLATE HAZELNUT CUPCAKE 🌿 **GF V**.....
.....**Php 120**

CAKES

BANANA CAKE 🌿 **NF GF V RSF**.....
.....slice **Php 70** loaf **Php 590**

ALMOND BERRY BANANA CAKE 🌿 **GF V RSF**.....
.....slice **Php 85** loaf **Php 770**

CHOCOLATE WALNUT BANANA CAKE 🌿 **GF V RSF**
.....slice **Php 85** loaf **Php 770**

BUNDT CAKE 🌿 **GF V**.....mini whole **Php 190**

MANGO CHEESECAKE 🌿 **NF GF V RSF**.....
.....slice **Php 190** loaf **Php 1,530**

CHOCOLATE CAKE 🌿 **NF GF V**.....
.....slice **Php 190** loaf **Php 1,550**

DOUBLE CHOCOLATE CHEESECAKE 🌿 **NF GF V RSF**
.....slice **Php 190** loaf **Php 1,600**

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BGC
Monday-Thursday, 11AM-11PM
Friday-Sunday, 8AM-11PM
867 0000 | 0917 568 6645
30th St. cor. 7th Ave., Bonifacio
High Street Central, Taguig

ROCKWELL
Monday-Thursday, 11AM-9PM
Friday-Saturday, 10AM-10PM
Sunday, 10AM-9PM
825 7777 | 0917 826 6747
R2 Level Power Plant Mall,
Rockwell Center, Makati

SALCEDO
Open Daily, 7AM-11PM
848 7777 | 0917 885 7520
GF Infinity Tower
H.V. Dela Costa cor Leviste St,
Salcedo Village, Makati

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