



# BAKERY MENU

ALABANG | BGC | GREENBELT | ROCKWELL | SALCEDO

EAT CONSCIOUSLY. LIVE CONSCIOUSLY.



## **ABOUT THE WHOLESOME BAKERY**

The Wholesome Bakery aims to show that good-tasting food can also be good for the body. Featuring a full line of artisanal and delectable gluten-free baked goods and pastries — some of which are nut-free, refined sugar-free, and vegan — all our products use free-range eggs, real butter, wild honey, raw sugar, and homemade gluten-free flour blend that even children will love!

*The Wholesome Bakery can be found in all branches of  
The Wholesome Table.*

**All our Wholesome Bakery items are 100% gluten-free;**  
lovingly made with grass-fed butter, wild honey, raw sugar, free-range eggs, and homemade gluten-free flour blend.



## BARS



**FUDGE BROWNIE** ..... PHP 80  
Gluten-free Flour. Dark Sweet Chocolate. Semi-sweet Chocolate. Cocoa Powder. Butter. Eggs. Vanilla. Sea Salt. Coconut Sugar. **GF NF V**

**NUTTY FUDGE BROWNIE** ..... PHP 90  
Gluten-free Flour. Dark Sweet Chocolate. Semi-sweet Chocolate. Cocoa Powder. Butter. Eggs. Almonds. Vanilla. Sea Salt. Coconut Sugar. **GF V**

**Nandimo Bars** ..... PHP 120  
Callebaut Dark Chocolate. Bensdorp Cocoa Powder. Butter. Eggs. Desiccated Coconut. Graham Crackers. Cream. Coconut Sugar. **GF NF V RSF**



## COOKIES



**DOUBLE OATMEAL COOKIES** .....  
..... solo PHP 70 pack of 6 PHP 330  
Eggs. Apricot. Dried Cranberries. Cashews. Nutmeg. Cinnamon. Rolled Oats. Sea Salt. Coconut Sugar. **GF V RSF**

**VALRHONA DOUBLE CHOCOLATE COOKIES** .....  
..... solo PHP 90 pack of 6 PHP 380  
Gluten-free Flour. Callebaut Dark Chocolate. Callebaut Milk Chocolate. Valrhona Cocoa Powder. Butter. Eggs. Vanilla. Sea Salt. Coconut Sugar. **GF NF V**

**VALRHONA DOUBLE CHOCOLATE & NUT COOKIES** .....  
..... solo PHP 90 pack of 6 PHP 380  
Gluten-free Flour. Callebaut Dark Chocolate. Callebaut Milk Chocolate. Cacao Nibs. Butter. Eggs. Cashews. Sea Salt. Coconut Sugar. **GF V RSF**

**CALLEBAUT CHOCOLATE CHIP COOKIES** .....  
..... solo PHP 90 pack of 6 PHP 430  
Callebaut Dark Chocolate. Butter. Eggs. Nutmeg. Vanilla. Cinnamon. Rolled Oats. Sea Salt. Coconut Sugar. **GF NF V RSF**

**SUPERFOOD COOKIES** ..... solo PHP 90 pack of 6 PHP 450  
Butter. Eggs. Cashews. Nutmeg. Vanilla. Cinnamon. Rolled Oats. Sea Salt. Coconut Sugar. **GF V RSF**



## MUFFINS



**DOUBLE CHOCOLATE Muffin** ..... PHP 90  
Gluten-free Flour. Callebaut Dark Chocolate. Bensdorp Cocoa Powder. Egg. Coconut Oil. **GF NF V**

**Pimiento & Cheese Muffin** ..... PHP 130  
Gluten-free Flour. Milk. Butter. Egg. Vanilla. Emmental. Roasted Pimiento. Sea Salt. Raw Sugar. **GF V RSF**

**BLUEBERRY Muffin** ..... PHP 140  
White Rice Flour. Butter. Eggs. Blueberry. Vanilla. Sea Salt. Coconut Sugar. **GF V RSF**

**CHIA BERRY Muffin** ..... PHP 140  
Gluten-free Flour. Milk. Butter. Egg. Vanilla. Chia Jam. Sea Salt. Raw Sugar. **GF NF V**

**CHOCOLATE PECAN Muffin** ..... PHP 140  
Gluten-free Flour. Callebaut Dark Chocolate. Bensdorp Cocoa Powder. Egg. Pecan Nuts. Vanilla. Coconut Oil. Sea Salt. **GF V RSF**

**SAUSAGE Muffin** ..... PHP 200  
Gluten-free Flour. Milk. Butter. Egg. Vanilla. Homemade Turkey Sausage. Sea Salt. Raw Sugar. **GF V RSF**

GF (GLUTEN-FREE) ✕ NF (NUT-FREE) ✕ V (VEGETARIAN) ✕ RSF (REFINED SUGAR FREE)

**Disclaimer:** Products are subject to availability.

**Allergy warning:** NF indicates dishes that do not contain any nuts. However, our kitchen is not a nut-free zone & cross-contamination may occur.

**All our Wholesome Bakery items are 100% gluten-free;**  
*lovingly made with grass-fed butter, wild honey, raw sugar, free-range eggs, and homemade gluten-free flour blend.*

⊗ ..... **CUPCAKES** ..... ⊗

**LEMON CUPCAKE**..... PHP 80  
 Gluten-free Flour. Milk. Butter. Egg. Homemade Lemon Curd.  
 Vanilla. Sea Salt. Raw Sugar. Vanilla Buttercream. 🍌 **GF NF V**

**BANANA PEANUT BUTTER CUPCAKE**..... PHP 90  
 Gluten-free Flour. Butter. Egg. Banana. Vanilla. Sea Salt.  
 Coconut Sugar. Chocolate Frosting. 🍌 **GF V**

**MATCHA LATTE CUPCAKE**..... PHP 90  
 Gluten-free Flour. Milk. Butter. Egg. Vanilla. Sea Salt.  
 Raw Sugar. Matcha Buttercream. Homemade Lemon Curd.  
 🍌 **GF NF V**

**SALTED CHOCOLATE CUPCAKE**..... PHP 90  
 Gluten-free Flour. Callebaut Dark Chocolate. Bensdorp Cocoa  
 Powder. Milk. Egg. Vanilla. Coconut Oil. Sea Salt. Coconut  
 Sugar. Chocolate Frosting. 🍌 **GF NF V**

**SMORE'S CUPCAKE**..... PHP 90  
 Gluten-free Flour. Milk. Butter. Egg. Vanilla. Sea Salt. Raw  
 Sugar. Honey Marshmallow Frosting. 🍌 **GF NF V**

**STRAWBERRY SHORTCAKE CUPCAKE**..... PHP 90  
 Gluten-free Flour. Milk. Butter. Egg. Chia Jam. Vanilla.  
 Sea Salt. Raw Sugar. Strawberry Buttercream. 🍌 **GF NF V**

**CHOCOLATE HAZELNUT CUPCAKE**..... PHP 120  
 Gluten-free Flour. Callebaut Dark Chocolate. Bensdorp Cocoa  
 Powder. Milk. Egg. Vanilla. Coconut Oil. Sea Salt. Coconut  
 Sugar. Chocolate Hazelnut Frosting. 🍌 **GF V**

⊗ ..... **CAKES** ..... ⊗

**BANANA CAKE**..... slice PHP 70 loaf PHP 590  
 Gluten-free Flour. Butter. Eggs. Vanilla. Banana. Sea Salt.  
 Coconut Sugar. 🍌 **GF NF V RSF**

**ALMOND BERRY BANANA CAKE**.....  
 ..... slice PHP 85 loaf PHP 770  
 Gluten-free Flour. Butter. Eggs. Vanilla. Banana. Cranberries.  
 Almonds. Sea Salt. Coconut Sugar. 🍌 **GF V RSF**

**CHOCOLATE WALNUT BANANA CAKE**.....  
 ..... slice PHP 85 loaf PHP 770  
 Gluten-free Flour. Dark Chocolate. Butter. Eggs. Vanilla.  
 Banana. Walnuts. Sea Salt. Coconut Sugar. 🍌 **GF V RSF**

**BUNDT CAKE**..... mini whole PHP 190  
 Almond Flour. White Rice Flour. Cream. Yogurt. Lemon.  
 Calamansi. Confectionaire Sugar. 🍌 **GF V**

**CHOCOLATE CAKE**..... slice PHP 190 whole PHP 1600  
 Rice Flour. Callebaut Dark Chocolate. Milk. Eggs. Vanilla.  
 Coconut Oil. Chocolate Frosting. Coconut Sugar. 🍌 **GF NF V**

**MANGO CHEESECAKE**..... slice PHP 190 whole PHP 1600  
 Butter. Cream. Cream Cheese. Graham. Mangoes. Vanilla.  
 Honey. 🍌 **GF NF V RSF**

**DOUBLE CHOCOLATE CHEESECAKE**.....  
 ..... slice PHP 250 whole PHP 2,200  
 Callebaut Chocolate. Cream. Cream Cheese. Valrhona Double  
 Chocolate Cookie Crust. Cacao Nibs. Honey. 🍌 **GF NF V RSF**

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### **ALABANG**

Monday-Friday, 11AM-11PM  
Saturday-Sunday, 8AM-11PM  
877 0000 | 0917 149 6144  
GF Corte Expansion, Alabang  
Town Center, Muntinlupa

### **GREENBELT**

Open Daily, 7AM-11PM  
717 1000 | 0917 170 8227  
GF Greenbelt 2, Esperanza St  
cor Greenbelt Drive,  
Ayala Center, Makati

### **SALCEDO**

Open Daily, 7AM-11PM  
848 7777 | 0917 885 7520  
GF Infinity Tower,  
H.V. Dela Costa cor Leviste  
St, Salcedo Village, Makati

### **BGC**

Monday-Thursday, 11AM-11PM  
Friday-Sunday, 8AM-11PM  
867 0000 | 0917 568 6645  
30th St cor 7th Ave, Bonifacio  
High Street Central, Taguig

### **ROCKWELL**

Monday-Thursday, 11AM-9PM  
Friday 11AM-10PM  
Saturday 10AM-10PM  
Sunday 10AM-9PM  
825 7777 | 0917 826 6747  
R2 Level Power Plant Mall,  
Rockwell Center, Makati

FB + IG: THEWHOLESOMETABLE  
TWITTER: WHOLESOME PH

#BE\_WHOLESOME

[thewholesometable.com](http://thewholesometable.com)