



BAKERY MENU

ALABANG | BGC | GREENBELT | ROCKWELL | SALCEDO

EAT CONSCIOUSLY. LIVE CONSCIOUSLY.



ABOUT THE WHOLESOME BAKERY

The Wholesome Bakery aims to show that good-tasting food can also be good for the body. Featuring a full line of artisanal and delectable gluten-free baked goods and pastries — some of which are nut-free, refined sugar-free, and vegan — all our products use free-range eggs, real butter, wild honey, raw sugar, and homemade gluten-free flour blend that even children will love!

*The Wholesome Bakery can be found in all branches of
The Wholesome Table.*

All our Wholesome Bakery items are 100% gluten-free;
lovingly made with grass-fed butter, wild honey, raw sugar, free-range eggs, and homemade gluten-free flour blend.



BARS



FUDGE BROWNIE PHP 80
 Gluten-free Flour. Dark Sweet Chocolate. Semi-sweet Chocolate. Cocoa Powder. Butter. Eggs. Vanilla. Sea Salt. Coconut Sugar. **GF NF V**

NUTTY FUDGE BROWNIE PHP 90
 Gluten-free Flour. Dark Sweet Chocolate. Semi-sweet Chocolate. Cocoa Powder. Butter. Eggs. Almonds. Vanilla. Sea Salt. Coconut Sugar. **GF V**

Nandimo Bars PHP 120
 Callebaut Dark Chocolate. Bensdorp Cocoa Powder. Butter. Eggs. Desiccated Coconut. Graham Crackers. Cream. Coconut Sugar. **GF NF V RSF**



COOKIES



DOUBLE OATMEAL COOKIES
 solo PHP 70 pack of 6 PHP 330
 Eggs. Apricot. Dried Cranberries. Cashews. Nutmeg. Cinnamon. Rolled Oats. Sea Salt. Coconut Sugar.
GF V RSF

VALRHONA DOUBLE CHOCOLATE COOKIES
 solo PHP 90 pack of 6 PHP 380
 Gluten-free Flour. Callebaut Dark Chocolate. Callebaut Milk Chocolate. Valrhona Cocoa Powder. Butter. Eggs. Vanilla. Sea Salt. Coconut Sugar. **GF NF V**

VALRHONA DOUBLE CHOCOLATE & NUT COOKIES
 solo PHP 90 pack of 6 PHP 380
 Gluten-free Flour. Callebaut Dark Chocolate. Callebaut Milk Chocolate. Cacao Nibs. Butter. Eggs. Cashews. Sea Salt. Coconut Sugar. **GF V RSF**

CALLEBAUT CHOCOLATE CHIP COOKIES
 solo PHP 90 pack of 6 PHP 430
 Callebaut Dark Chocolate. Butter. Eggs. Nutmeg. Vanilla. Cinnamon. Rolled Oats. Sea Salt. Coconut Sugar.
GF NF V RSF

SUPERFOOD COOKIES solo PHP 90 pack of 6 PHP 450
 Butter. Eggs. Cashews. Nutmeg. Vanilla. Cinnamon. Rolled Oats. Sea Salt. Coconut Sugar. **GF V RSF**



MUFFINS



DOUBLE CHOCOLATE Muffin PHP 90
 Gluten-free Flour. Callebaut Dark Chocolate. Bensdorp Cocoa Powder. Egg. Coconut Oil. **GF NF V**

Pimiento & CHEESE Muffin PHP 130
 Gluten-free Flour. Milk. Butter. Egg. Vanilla. Emmental. Roasted Pimiento. Sea Salt. Raw Sugar. **GF V RSF**

BLUEBERRY Muffin PHP 140
 White Rice Flour. Butter. Eggs. Blueberry. Vanilla. Sea Salt. Coconut Sugar. **GF V RSF**

CHIA BERRY Muffin PHP 140
 Gluten-free Flour. Milk. Butter. Egg. Vanilla. Chia Jam. Sea Salt. Raw Sugar. **GF NF V**

CHOCOLATE PECAN Muffin PHP 140
 Gluten-free Flour. Callebaut Dark Chocolate. Bensdorp Cocoa Powder. Egg. Pecan Nuts. Vanilla. Coconut Oil. Sea Salt.
GF V RSF

SAUSAGE Muffin PHP 200
 Gluten-free Flour. Milk. Butter. Egg. Vanilla. Homemade Turkey Sausage. Sea Salt. Raw Sugar. **GF V RSF**

GF (GLUTEN-FREE) ✕ NF (NUT-FREE) ✕ V (VEGETARIAN) ✕ RSF (REFINED SUGAR FREE)

Disclaimer: Products are subject to availability.

Allergy warning: NF indicates dishes that do not contain any nuts. However, our kitchen is not a nut-free zone & cross-contamination may occur.

All our Wholesome Bakery items are 100% gluten-free;
lovingly made with grass-fed butter, wild honey, raw sugar, free-range eggs, and homemade gluten-free flour blend.

☒ **CUPCAKES** ☒

LEMON CUPCAKE..... PHP 80
 Gluten-free Flour. Milk. Butter. Egg. Homemade Lemon Curd.
 Vanilla. Sea Salt. Raw Sugar. Vanilla Buttercream. 🍌 **GF NF V**

BANANA PEANUT BUTTER CUPCAKE..... PHP 90
 Gluten-free Flour. Butter. Egg. Banana. Vanilla. Sea Salt.
 Coconut Sugar. Chocolate Frosting. 🍌 **GF V**

MATCHA LATTE CUPCAKE..... PHP 90
 Gluten-free Flour. Milk. Butter. Egg. Vanilla. Sea Salt.
 Raw Sugar. Matcha Buttercream. Homemade Lemon Curd.
 🍌 **GF NF V**

SALTED CHOCOLATE CUPCAKE..... PHP 90
 Gluten-free Flour. Callebaut Dark Chocolate. Bendsorp Cocoa
 Powder. Milk. Egg. Vanilla. Coconut Oil. Sea Salt. Coconut
 Sugar. Chocolate Frosting. 🍌 **GF NF V**

SMORE'S CUPCAKE..... PHP 90
 Gluten-free Flour. Milk. Butter. Egg. Vanilla. Sea Salt. Raw
 Sugar. Honey Marshmallow Frosting. 🍌 **GF NF V**

STRAWBERRY SHORTCAKE CUPCAKE..... PHP 90
 Gluten-free Flour. Milk. Butter. Egg. Chia Jam. Vanilla.
 Sea Salt. Raw Sugar. Strawberry Buttercream. 🍌 **GF NF V**

CHOCOLATE HAZELNUT CUPCAKE..... PHP 120
 Gluten-free Flour. Callebaut Dark Chocolate. Bendsorp Cocoa
 Powder. Milk. Egg. Vanilla. Coconut Oil. Sea Salt. Coconut
 Sugar. Chocolate Hazelnut Frosting. 🍌 **GF V**

☒ **CAKES** ☒

BANANA CAKE..... slice PHP 70 loaf PHP 590
 Gluten-free Flour. Butter. Eggs. Vanilla. Banana. Sea Salt.
 Coconut Sugar. 🍌 **GF NF V RSF**

ALMOND BERRY BANANA CAKE.....
 slice PHP 85 loaf PHP 770
 Gluten-free Flour. Butter. Eggs. Vanilla. Banana. Cranberries.
 Almonds. Sea Salt. Coconut Sugar. 🍌 **GF V RSF**

CHOCOLATE WALNUT BANANA CAKE.....
 slice PHP 85 loaf PHP 770
 Gluten-free Flour. Dark Chocolate. Butter. Eggs. Vanilla.
 Banana. Walnuts. Sea Salt. Coconut Sugar. 🍌 **GF V RSF**

BUNDT CAKE..... mini whole PHP 190
 Almond Flour. White Rice Flour. Cream. Yogurt. Lemon.
 Calamansi. Confectionaire Sugar. 🍌 **GF V**

CHOCOLATE CAKE..... slice PHP 190 whole PHP 1600
 Rice Flour. Callebaut Dark Chocolate. Milk. Eggs. Vanilla.
 Coconut Oil. Chocolate Frosting. Coconut Sugar. 🍌 **GF NF V**

MANGO CHEESECAKE..... slice PHP 190 whole PHP 1600
 Butter. Cream. Cream Cheese. Graham. Mangoes. Vanilla.
 Honey. 🍌 **GF NF V RSF**

DOUBLE CHOCOLATE CHEESECAKE.....
 slice PHP 250 whole PHP 2,200
 Callebaut Chocolate. Cream. Cream Cheese. Valrhona Double
 Chocolate Cookie Crust. Cacao Nibs. Honey. 🍌 **GF NF V RSF**

GLUTEN-FREE CARROT CAKE.....
 slice PHP 270 whole PHP 2,400
 Gluten-free Flour. Organic Carrots. Golden Raisins. Free-range
 Eggs. Cream Cheese Frosting. 🍌 **GF V**

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ALABANG

Monday-Friday, 11AM-11PM
Saturday-Sunday, 8AM-11PM
877 0000 | 0917 149 6144
GF Corte Expansion, Alabang
Town Center, Muntinlupa

GREENBELT

Open Daily, 7AM-11PM
717 1000 | 0917 170 8227
GF Greenbelt 2, Esperanza St
cor Greenbelt Drive,
Ayala Center, Makati

SALCEDO

Open Daily, 7AM-11PM
848 7777 | 0917 885 7520
GF Infinity Tower,
H.V. Dela Costa cor Leviste
St, Salcedo Village, Makati

BGC

Monday-Thursday, 11AM-11PM
Friday-Sunday, 8AM-11PM
867 0000 | 0917 568 6645
30th St cor 7th Ave, Bonifacio
High Street Central, Taguig

ROCKWELL

Monday-Thursday, 11AM-9PM
Friday 11AM-10PM
Saturday 10AM-10PM
Sunday 10AM-9PM
825 7777 | 0917 826 6747
R2 Level Power Plant Mall,
Rockwell Center, Makati

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TWITTER: WHOLESOME PH

#BE_WHOLESOME

thewholesometable.com