

# SUMMER HIGHLIGHTS

## SMALL PLATES

**SALTED EGG SHRIMPS** ..... **Php 310**  
Sustainable Shrimps. Unsalted Butter. Paprika. Salted Duck Egg. Whipping Cream. Garlic. Chili. Onion Leeks. 🌿 **GF NF RSF**

## POWERBOWLS

**YOGI BOWL** ..... **Php 540**  
Cauliflower. Turmeric Powder. Corriander. Cumin. Olive Oil. White Onion. Garlic. Button Mushroom. Oyster Mushroom. Shitake Mushroom. Organic Tofu. Cherry Tomatoes. Red Chili. Coconut Cream. Red Onion. Leeks. 🌿 **DF GF NF RSF**  
Quinoa ..... **Php 420**  
Brown Rice ..... **Php 320**

## MAIN COURSE

**BICOL EXPRESS** 🌿 ..... **Php 330**  
Fresh Langka. Sigarilyas. Green Papaya. Coconut Cream. Organic Fish Sauce. Organic Bagoong. Garlic. Onion. Ginger. Malunggay. Bagnet. 🌿 **NF GF RSF DF**  
**\*V and VGN option:** remove bagnet, bagoong and fish sauce

**CHICKEN ADOBO** ..... **Php 400**  
Chicken. Apple Cider Vinegar. Tamari Soy Sauce. Garlic. Coconut Sugar. Unsalted Butter. 🌿 **NF GF RSF**

**CHICKEN AND PORK ADOBO** ..... **Php 460**  
Chicken. Pork Belly. Apple Cider Vinegar. Tamari Soy Sauce. Garlic. Coconut Sugar. Unsalted Butter. 🌿 **NF GF RSF**

## SALADS

**CHAKRA SALAD** .....  
..... solo **Php 300** regular **Php 580**  
Mixed Greens. Beets. Button Mushrooms. Almonds. Toasted Coconut Chips. Chickpea Croutons. Red Onion. Tomatoes. Balsamic Vinegar. Squash. Sweet Potato. Hibiscus Kombucha Dressing. Organic Duck Egg. 🌿 **DF GF RSF V**  
**\*VGN and NF option:** remove almonds  
**\*VGN option:** remove duck egg

**SUPERFOOD SALAD** .....  
..... solo **Php 300** regular **Php 580**  
Mixed Greens. Spinach. Almonds. Chia Seeds. Feta Cheese. Goji Berry. Superfood Dressing. 🌿 **DF GF RSF V**  
**\*NF option:** remove almonds  
**\*DF option:** remove feta cheese

## ALL-DAY BREAKFAST

**MEAT AND EGGS PLATE: SALMON TUYO** .....  
..... **Php 380**  
Atlantic Sustainable Salmon. Olive Oil. Tamari Soy Sauce. Passato Sauce. Free-range Egg. Laurel. Onion Leeks. Carrots. Brown Rice. 🌿 **NF GF RSF DF**

**BISTEK TAGALOG** ..... **Php 590**  
Grass-fed Beef Tenderloin. Free-range Eggs. Garlic Brown Rice. Side Salad. 🌿 **GF DF NF**

## DESSERTS

**SAGO AT GULAMAN** ..... **Php 150**  
Tapioca. Gulaman. Chia Seeds. Brown Syrup. Crushed Ice.

**SUPERFOOD STICKY RICE "BIBINGKA" †W†** ..... **Php 160**  
Sticky Rice. Latik. Cashew Nuts. Chia Seeds. Banana. Cacao Nibs. Desiccated Coconut. 🌿 **V DF VGN**

**GUINUMIS** ..... **Php 190**  
Tapioca. Gulaman. Pinipig. Crushed Ice. Brown Syrup. Chia Seeds. Coconut Milk. Coconut Cream.

**SABA CON HIELO** ..... **Php 220**  
Saba. Activated Cashew Milk. Chia Tapioca Pearl. Coconut Cream. Red Jelly.

## EAT CONSCIOUSLY. LIVE CONSCIOUSLY.

PRICES ARE INCLUSIVE OF 12% VAT BUT EXCLUSIVE OF 10% SERVICE CHARGE

V (VEGETARIAN) VGN (VEGAN) GF (GLUTEN-FREE) DF (DAIRY FREE) NF (NUT-FREE)\* RSF (REFINED SUGAR FREE)

🌿 (SPICY) ❤️ (WHOLEHEARTED) †W† (WHOLESOME SELECTIONS)

\*Allergy warning: NF indicates dishes that do not contain any nuts. However, our kitchen is not a nut-free zone & cross-contamination may occur.